



CASE STUDY

Actionable Analytics Improve Patient Navigation

An integrated health system in the southeast sought to create a better way to direct patients to skilled nursing facilities (SNFs) after hospital discharge. With goals to reduce readmission rates and ensure patients were receiving the best care possible following their hospital stay, the system used data provided by Cedar Gate Technologies to change the course for patients.

THE SOLUTION

Cedar Gate Technologies help the health system uncover which SNFs were providing the best patient experience. By leveraging Cedar Gate's Value-Based Care Analytics application, the health system could see which SNFs were performing the best based on readmissions rates, lengths of stays and overall costs. With this data at their fingertips, the health system could quickly shift where patients received care and improve their experience.

THE RESULTS

Thanks to insights provided by Cedar Gate's Value-Based Care Analytics, the health system was able to route patients to the highest performing SNFs and this created both cost savings and improved patient outcomes including:

- > **48% decrease** in cost and utilization for low-performing SNFs
- > Hospital readmission rate for high-performing SNFs was **38% lower** than lower performers — a key indicator of quality performance
- > Patients staying in the high-performing SNFs on average **15 days less** compared to the low-performing SNFs

By uncovering which SNF facilities provided the best care for patients, this health system made small changes that led to big impacts. By receiving actionable insights through Value-Based Care Analytics, the system is able to continue to evaluate SNF performance and regularly make any necessary adjustments so patients receive the right care at the right place.

